

## **Lip Blushing after care**

**- if you have any questions please dont  
hesitate to call 0409060187**

### **What to expect day by day.**

Day 1. Lips will be very swollen and bright or dark in colour, tender to touch

Day 2. Swelling may start to go down and the colour will be darker

Day 3. Swelling should be gone and peeling has started

Day 4. Peeling continues

Day 5. All peeling should be starting to go, you may have some dry patches

Day 6 - 21. Colour should start to really soften, by 6 weeks the colour will start to come back, You can expect to lose up to 50% of the initial colour during the healing process in approx 4 days the lips will appear lighter. After two weeks the colour will start to come back.

The mouth is a breeding ground for bacteria so it is extremely important to keep the area clean.

### **Post after Care**

Lips will be swollen for the first 48 hours and will take 5 days to heal. During this time, lips will shed, feel dry and look patchy and a little scary to some people. the colour will fade about 30% after the first few days.

Do not eat spicy food, oily acidic or greasy foods. Do not stretch your lips avoid eating large burgers, sandwiches etc. Please cut food into small bites

When you notice the lips starting to shed do not pick with as you will pull the pigment out of your skin.

Do not use saline water it can cause the pigment to be pulled out of the skin.

Apply the ointment several times a day for 10 days to keep lips moisturised. Gently dab and press it to the skin instead of rubbing it in.

Drink liquids through a straw until lips stop peeling. Avoid getting lips wet as much as possible.

Apply the cream before brushing your teeth.

Do not smoke or kiss for at least 10 days after.

Avoid licking or touching your lips until they are healed